



W e l c o m e t o ...

KULTŪROS DIENOS / CULTURAL DAYS – 2023

August 23-27, Camp for Adults (21+) at Neringa

Program Coordinator: Dr. Aldona Lingertat



2022

Kviečiame visus kūrybinės dvasios žmones praleisti 5 dienas Neringos gamtoje! Lietuvos kultūrinio paveldo pagrindu parengtus praktinius užsiėmimus ves liaudies menininkai, rašytojai, muzikos mėgėjai, istorijos, kino, dramos bei maisto specialistai. Kiekvienas teminis vakaras suteiks progą padiskutuoti, pasidalinti žiniomis bei smagiai pabendrauti. Galima registruotis ir daliniam laikui.

A unique opportunity for adults to enjoy camping this summer! All hands-on classes and activities are related to Lithuanian Heritage and will be offered by folk artists, writers, music lovers, history, film, drama and food specialists. Each evening will highlight a particular theme engaging everyone in discussions and a social. The camp is 5 days long, but it is also possible to camp for a partial time.

If you have questions about this year's program:

Aldona Lingertat – aldona.lingertat@sjs.edu

For general camp information, please contact:

Summer Camp Director Dana Vainauskienė – dana@neringa.org, cell 978-489-4719
Business/Finances/UltraCamp Manager Viktorija Galkutė – viktorija@neringa.org and 978-582-5592

Address: Camp Neringa Inc., 147 Neringa Road, Brattleboro, VT 05301

Camp phone: 802-254-9819 or 802-254-8090 (in the summer)

Neringa website: www.neringa.org



THE MISSION AND VISION OF NERINGA

The mission and vision of Neringa were established by the Sisters of the Immaculate Conception in 1969 when they brought the camping experience from Putnam to Neringa. Priorities and guidelines emerged for ‘the way,’ ‘the how,’ and ‘the why’ of living the mission. It is our responsibility to continue to stay true to the mission and vision of Neringa today, and into the future.

THE MISSION of Neringa is to provide a nurturing experience rich in Lithuanian heritage and Catholic faith that encourages the positive character development of campers, counselors, staff, families and all participants.

LITHUANIAN CULTURAL HERITAGE

Neringa serves those who want to provide a Lithuanian cultural immersion experience for their child, family, or themselves. All camp sessions and programs include components of Lithuanian culture, (i.e. language, history, literature, customs, folk dancing, songs, music, art, and cuisine) and are adapted to the level of the participants.

CATHOLIC FAITH

The heart of Neringa’s mission is to embrace and celebrate God and God’s merciful love. The Roman Catholic faith tradition is the core structure for expressing the faith. Faith is taught not only through daily prayer, but also through activities fostering a faith experience. Christian values are the norm in daily routines and interpersonal relations, e.g. love your neighbor as yourself.

POSITIVE CHARACTER DEVELOPMENT

Activities strive to engage the whole individual – mind, body, and spirit. A positive and cooperative environment is created to enable campers and participants to be their natural selves, share skills, attempt the unknown, learn from mistakes, and appreciate everyone’s contribution which ultimately fosters growth and a positive self-regard.

THE VISION is that Neringa will provide a nurturing, natural, and supportive community where campers, counselors, staff, family members and all participants can express and experience their Lithuanian heritage and Catholic faith, thereby enhancing their personal, cultural, and spiritual growth.

NURTURING

All activities aim to be meaningful alongside being fun. The teaching method is to create a lived experience e.g. drama/plays/reenactment, experimentation and/or discussions, which at the same time develop character. Reflection moments and activities fostering self-knowledge are an integral part of a program. Every individual, regardless of their responsibilities at camp, participates in the mission and contributes to the lived experience. Everyone is a role model.

NATURAL

Surrounded by the natural beauty of Vermont, activities foster appreciation, stewardship and care of the natural environment. Camp inventory is kept simple and uncluttered and the elimination of city sounds and technology help to absorb and be inspired by nature.

The greatest resources are the natural skills of the individuals at camp. People, not things, are the key to identify what is truly valuable and meaningful; personal interaction is a priority.

Technology is used only to acquire information and is used minimally. Camp is the perfect opportunity to experience the treasures of the world without the screen.

SUPPORTIVE

Each participant is addressed with respect, valued for his/her uniqueness, and supported by a safe environment.

Central to daily life at camp are collaboration, mutual support, and team work, which counterbalance the competitiveness and individualism encountered in society.

COMMUNITY

All activities, programs, and events should help build a sense of community and foster healthy friendships and relationships. Family values and habits of healthy relationships, i.e. love, respect, communication, empathy, understanding, sensitivity, sharing, tolerance, honesty, hard work, forgiveness, truthfulness, flexibility, and similar traits are constantly affirmed and reinforced.

The šūkis **“EINAM, DAROM!”** (*Let’s go! Let’s do it! Together!*)
encourages everyone to participate and collaborate –
together we create the dynamics of Neringa camp life.



NERINGOS MISIJA IR VIZIJA



„Neringos“ stovyklos misija ir vizija susikūrė 1969 m. Marijos Nekaltojo Prasidėjimo seserims perkėlusioms stovyklinę patirtį iš Putnamo į „Neringą“. Per daugelį metų susiformavo ir išryškėjo nuostatos bei gairės, kodėl ir kaip įgyvendinti stovyklos misiją. Esame visi atsakingi ištikimai tęsti „Neringos“ misiją šiandien ir ateityje.

„NERINGOS“ MISIJA – suteikti stovyklautojams, vadovams, darbuotojams, šeimoms bei visiems dalyviams lietuvišku paveldu ir katalikų tikėjimu praturtintą patirtį, kuri brandintų teigiamus asmenybės bruožus.

LIETUVIŠKAS KULTŪRINIS PAVELDAS

„Neringa“ suteikia progą ir galimybę susipažinti, patirti bei pagilinti lietuvių kultūros patirtį. Į kiekvieną stovyklą ar renginį įtraukiami dalyvių amžiui bei žinių lygii pritaikyti įvairūs lietuviško paveldo elementai, pvz.: kalba, istorija, literatūra, tradicijos, papročiai, žaidimai, folkloras, šokiai, dainos, menas, kulinarija.

KATALIKŲ TIKĖJIMAS

Pajusti ir švęsti Dievą bei Jo gailestingą meilę, ir atpažinti, kad kiekvienas esame sukurti į Dievo panašumą, – tai „Neringos“ stovyklos misijos esmė. Tikėjimas perduodamas Romos katalikų tikėjimo tradicija. Jis puoselėjimas ne tik per kasdieninę malda, bet ir per įvairius tikėjimo patirtį ugdančius užsiėmimus. Krikščioniškos vertybės sudaro kasdieninio gyvenimo ir tarpusavio bendravimo pagrindą – mylėti artimą kaip save patį.

POZITYVUS ASMENS UGDYMAS

Stovyklos užsiėmimuose stengiamasi įtraukti visą asmenį, t.y. jie skirti ugdyti asmens protą, kūną ir dvasią. Kuriama teigiama ir bendradarbiavimą skatinanti aplinka, kurioje stovyklautojai ir dalyviai galėtų jaustis laisvai, dalintis savo sugebėjimais, išbandyti kas dar nepažinta, mokytis iš klaidų, vertinti kiekvieno įnašą ir taip save brandintų bei stiprintų pozityvų savęs vertinimą.

„NERINGOS“ VIZIJA yra būti ugdančia, paprasta ir palaikančia bendruomene – kaip šeima, kurioje stovyklautojai, vadovai, darbuotojai, šeimos nariai ir visi dalyviai gali išreikšti savo lietuvišką kilmę ir katalikų tikėjimą, stiprindami savo asmeninę, kultūrinę bei dvasinę brandą.

UGDANTI APLINKA

Stengiamasi, kad visi užsiėmimai būtų ne tik smagūs, bet ir prasmingi. Taikomas mokymosi per patirtį metodas (pvz. drama, vaidinimai, atkuriant istorinius įvykius, įvairūs bandymai, diskusijos) padeda ugdyti charakterį.

Susikaupimo valandėlės ir savęs pažinimo užsiėmimai yra integrali programos dalis. Kiekvienas „Neringos“ bendruomenės narys prisideda prie misijos perdavimo ir patirties. Kiekvienas tampa pavyzdžiu kitiems.

PAPRASTA APLINKA

Vermonto gamtos grožio apsuptyje svarbu ugdyti pagarbą, atsakomybę ir rūpestį gamta. Stovyklos inventorius yra paprastas ir minimalus, vengiama miesto garsų, ir technologijų naudojimo. Skatinama geriau išsiklausyti ir rasti įkvėpimą gamtoje.

Didžiausi išteklių yra stovykloje esančių natūralūs žmonių gebėjimai. Žmonės, ne daiktai, yra svarbiausia atpažįstant, kas gyvenime yra vertinga ir prasminga; didžiausias dėmesys skiriamas tarpusavio bendravimui.

Technologijos naudojamos minimaliai, tik dėl informacijos. Stovyklautojams suteikiama puiki galimybė atsitraukti nuo ekranų ir patirti supančio pasaulio (gamtos bei žmonių) dovanas.

PALAIKANTI APLINKA

Kiekvienas asmuo stovykloje yra gerbiamas, įvertinamas kiekvieno unikalumas ir užtikrinama saugi aplinka.

Bendradarbiavimas, tarpusavio parama ir komandinis darbas, kurie atsveria visuomenėje egzistuojančią konkurenciją bei individualizmą, yra stovyklos kasdieninio bendravimo pagrindas.

BENDRUOMENIŠKA APLINKA

Visi užsiėmimai, programa ir renginiai padeda kurti visavertę bendruomenę bei ugdyti pagarbą paremtas draugystes ir santykius.

Šeimos vertybės ir sveikų santykių, t.y. meilė, pagarba, susikalbėjimas, atjauta, supratimas, jautrumas, dalinimasis, tolerancija, teisingumas, darbštumas, atlaidumas, teisingumas, lankstumas ir kiti panašūs bruožai yra nuolat išryškunami ir skatinami.

**Šūkis „EINAM, DAROM!“ skatina kiekvieną
dalyvauti ir bendradarbiauti –
kartu kuriame „Neringos“ stovyklos gyvenimo dinamiką.**

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GUIDELINES FOR KULTŪROS DIENOS / CULTURAL DAYS CAMP SESSION

NERINGA VALUES

Lithuanian Culture

Neringa is a Lithuanian cultural camp. We come to Camp Neringa specifically to learn as much as we can about Lithuanian culture and heritage. Each of us comes to camp with different experiences of our Lithuanian heritage and we enrich each other's experiences as we share our own knowledge and traditions.

Faith & Spirituality

Neringa is a Catholic camp. Through the beautiful natural surroundings of Neringa and by creating a cooperative family atmosphere, we feel the presence of God and God's loving concern for each one of us. Prayer is included in camp life to help us experience that faith is a part of our everyday lives.

Personal & Family Growth

Life at camp gives us a different opportunity than the one we have at home to explore who we are personally and as a community. By living closely with other people, by actively taking part in all activities and joining in creative programming, we experience ourselves in new ways and grow as individuals and community.

THE DAILY ROUTINE



Morning

Each Neringa day begins with breakfast which participants eat together in the dining room. Daily activities begin after breakfast in various activities.



Afternoon

Lunch is followed by free time.

During free time participants may relax and spend time together. Many participants enjoy spending this time at the prūdas/pond. An afternoon snack follows free time, after which there are more activities for participants until dinner.



Evening

Dinner is followed by an evening program.

Jūsų laukia:

- Išvykos į miestą susipažinti su Vermonto aplinka, žmonėmis
- Užsiėmimų įvairovė: dainavimas, menas, drama, kūrybinis rašymas, kulinarija ir kt.
- Kai kurioms temoms pristatyti kviečiami svečiai
- Ypatingos vakaro programos: susipažinimas su menininkais, kultūrinės programos, filmų vakaras, drama ir kt.
- Stovykloje paruoštas, šviežias, gardus maistas
- Šypsenos ir juokas

What else to expect?

- Trips to get to know the local Vermont community and people
- A variety of activities: singing, art, drama, creative writing, cooking, etc.
- Invited guest presentations on a variety of topics
- Special evening programs: meet the artists, cultural programs, film night, drama, etc.
- Homemade, fresh, delicious food
- Smiles and laughter

Registration Information

Camp registration will again be done through the [UltraCamp](#) platform this year. If you have any questions about UltraCamp/Finances, please contact Viktorija: viktorija@neringa.org or (978) 582-5592. Registrations will be accepted on a first-come first-served basis, so do not wait!

Language of program

This is a bilingual camp session. Best efforts will be made to translate between Lithuanian and English.

Camping Fees

Registration fee: \$50

\$85 adult/night; \$65 adult/night* (*Rate for early registration before July 1st, 2023).

Registrations will be accepted on a first-come first-served basis, so do not wait! The registration fee is non-refundable. Camping fees are not refundable as of July 1st. Payment in full/final payment - is due no later than August 1st.

Neringa COVID-19 Update

Camp Neringa continues to recommend vaccination for COVID-19 but will no longer require it to attend camp. We will be updating our COVID-19 protocol closer to the summer, taking into consideration federal and Vermont state health regulations to ensure a safe environment. Updates will be available at: www.neringa.org

Arrival & Departure

You are welcome to arrive at camp Wednesday at noon, August 23rd. The official opening will be at 4pm. Camp will promptly end after breakfast on Sunday, August 27th.

The “Skambutis” Bell – All common activities are signaled by the ringing of the main bell (“skambutis”). When you hear the bell, gather together on the porch of the main lodge or in a previously designated area. A schedule of daily activities (for which the bell tolls!) is posted in the dining hall.

The Chapel – The Chapel is always open to use as a quiet place of reflection and prayer.

The “Prūdas” Pond – your safety at the pond is your responsibility – there is no lifeguard. Swimming is at your own risk.

First Aid – we provide access to basic medical supplies at camp and access to local medical facilities like ClearChoiceMD Urgent Care in Brattleboro (15-20 min. from camp) and Brattleboro Memorial Hospital (20-25 minutes from camp).

Keeping Neringa Clean – Everyone is responsible for cleanliness at camp and picks up after themselves, keeping common areas clean. Each participant is responsible for the cleanliness of his/her cabin. Cleaning supplies are provided in each cabin and garbage should be disposed of in the dumpster.

Washers & Dryers – Coin operated machines are available to use during your stay. They are located in the shower houses.

Pets are not allowed.

Telephones – The dining room phone can be used to call 911 in case of an emergency. In case of urgent need to access email, the computer at the end of the dining hall may be used, if Wi-Fi signal allows.

Cell Phones and the Internet – Neringa has limited Wi-Fi access. The Wi-Fi service is needed for administration and camp work. Let us take advantage of the time we have at camp with our friends!

TO BRING

- comfortable clothing for daily wear
- Comfortable footwear
- sleeping bag
- pillow and pillow case
- mattress cover
- towel

- regular hygiene items
- laundry bag, detergent & quarters
- warm clothes for cool evenings
- raingear
- sunscreen
- bug spray
- flash light



ADDITIONAL INFORMATION...

Other Camps

Neringa offers camps for children, adults, youth, and families in Lithuanian and English. For information on other sessions, please contact Summer Camp Director, Dana Vainauskiene: dana@neringa.org or refer to www.neringa.org.

Lithuanian Summer Festival (Putnam Picnic) – July 23, 2023

In 2019 CNI successfully ran this event for the first time! We are looking forward to another successful Lithuanian Summer Festival this summer! More information we will share in the future. If you would like to be a part of the team, please refer to the Neringa's website for more information or email chairman of this event Vida Strazdis: strazdis@comcast.net

Neringa always welcomes donations

Camping fees alone do not cover Neringa's operating expenses. Thank you in advance to those who are able to make a tax-deductible donation. Checks can be written to "Camp Neringa, Inc." or you can donate through PayPal. More information, see our [website](#). Ačiū! Ačiū! Ačiū!

Membership

Become a member of Camp Neringa, Inc! Members of CNI elect the Board of Directors from CNI's membership and make essential decisions for Camp Neringa at the annual Members' meeting. Membership forms will be available on Neringa's website. If you have any questions, contact Dainora Kupčinskas at membership@neringa.org.

Neringa News

Neringa shares news on our website at www.neringa.org, on our Camp Neringa Facebook page, and through our e-newsletter, Neringa News. You can email news@neringa.org to subscribe. You can also get a taste of camp life by following Neringa on social media at:

Facebook: <https://www.facebook.com/campneringa>

Instagram: [@neringastovykla](https://www.instagram.com/neringastovykla)

LinkedIn: <https://www.linkedin.com/company/campneringa>

Neringa online store "Krautuvėlė"

Do you need a new Neringa T-Shirt for the weekend or a Neringa mug to give to an old-time Neringa friend? Shop for Neringa souvenirs anytime at the online store ["Krautuvėlė"](#)

Directions to Neringa

I 91 to Vermont exit 2. Follow Rt. 9 west for 7 miles until you see the sign for Neringa. Turn left onto MacArthur Rd. and in less than a mile you will see the Neringa driveway on your right. Address: 147 Neringa Rd. Brattleboro, VT 05301.

